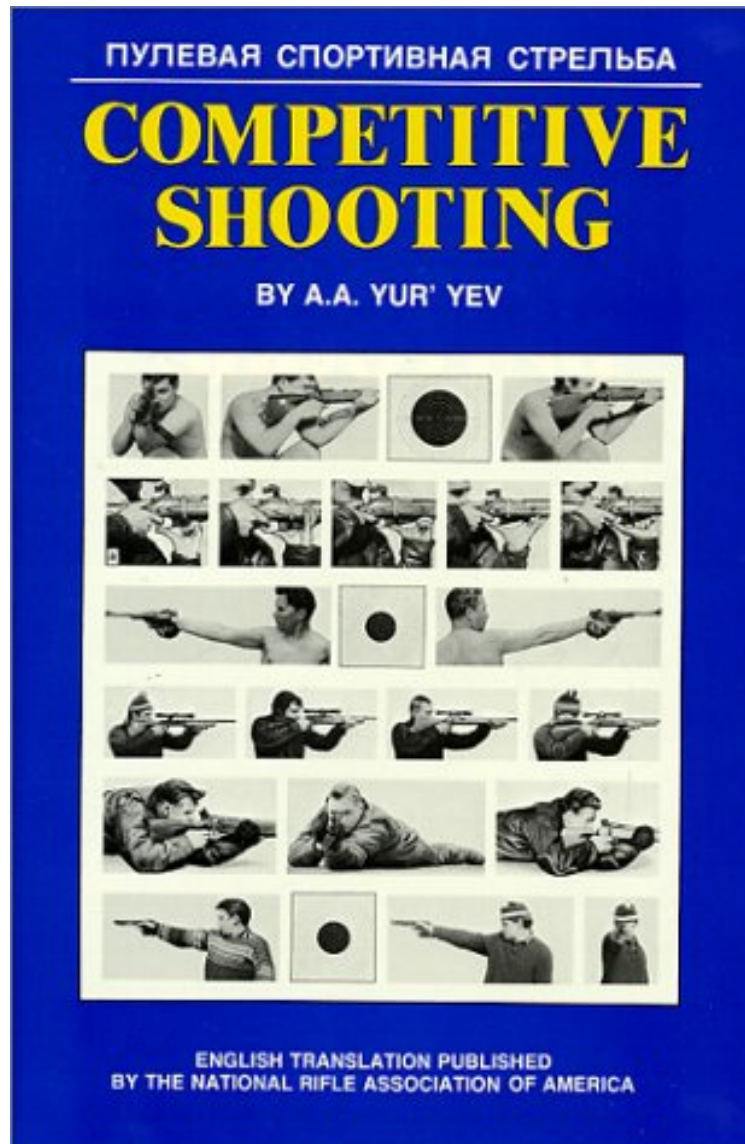


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A.A. Yur'yev

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(Mobile pdf) Competitive Shooting: Techniques and Training for Rifle, Pistol, and Running Game Target Shooting

Competitive Shooting: Techniques and Training for Rifle, Pistol, and Running Game Target Shooting

A.A. Yur'yev : **Competitive Shooting: Techniques and Training for Rifle, Pistol, and Running Game Target Shooting** before purchasing it in order to gage whether or not it would be worth my time, and all praised Competitive Shooting: Techniques and Training for Rifle, Pistol, and Running Game Target Shooting:

2 of 2 people found the following review helpful. This book is very good. One of the only scientific shooting books ever. By Andrew S. Brush Discusses physiology, positions, breathing, timing, training, etc., for pistol and rifle. I particularly like the copious photos of multiple athletes over many years of shooting seasons... really indicates how there isn't ONE position that is right. Similar to Ways of the Rifle in that respect. This book is more about having the information you need to find the position and technique that work for you, rather than a "how to do it my way" that is a typical book by a champion. Maybe somewhat dated, but if you read this and then read a newer book, this information still resonates and helps. This book is an NRA-sponsored translation of a Russian shooting coaching manual that the Army obtained in the 1970's. According to at least one author, the NRA translator didn't do as good a job as the original Government translator, but then I don't have access to the old Army files and can't speak to that issue. I am happy that I read this one.

0 of 0 people found the following review helpful. Excellent condition and great book if you are interested in understanding how to get better at shooting. By Customer It's a great book if you take the time to read most or all of it. The translation is easy to read as well. The book was in even better condition than I expected it to be. Very happy to have it.

1 of 1 people found the following review helpful. Competitive Shooters Only By jman If your a competitive shooter then this book is a must have! It applies to high power rifle and bullseye pistol as well as other precision shooting competitions. Great detail on anatomy of the body and how to shoot better. If you're a casual shooter who's looking to shoot better its probably overkill for you.

An encyclopedic resume of the principles and practices involved with training and equipping world-class shooting champions. English-language translation by NRA.