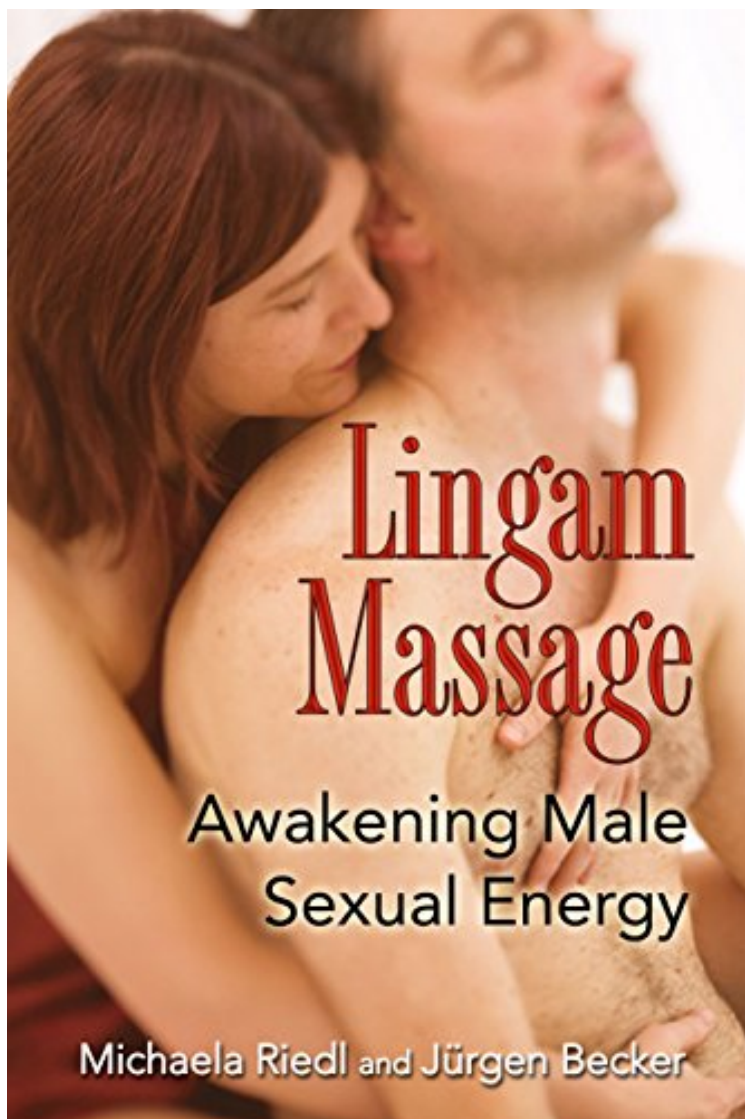


#123218 in Books Destiny Books 2010-03-09 2010-03-09Original language:EnglishPDF # 1 9.00 x .50 x 6.00l, .80 #File Name: 1594773149224 pages | File size: 37.Mb



*Michaela Riedl, Jrgen Becker*  
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[Free download] Lingam Massage: Awakening Male Sexual Energy

## **Lingam Massage: Awakening Male Sexual Energy**

**Michaela Riedl, Jrgen Becker : Lingam Massage: Awakening Male Sexual Energy** before purchasing it in order to gage whether or not it would be worth my time, and all praised Lingam Massage: Awakening Male Sexual Energy:

A tantric massage practice for awakening and honoring male creative energy and allowing a man conscious, loving contact with his own masculinity Empowers men to expand and deepen their experience of arousal and sensuality Demonstrates how deep relaxation is important to a strong and lasting erection Shows how the lingam connects a man

to his dynamic strength while the prostate is linked to his more receptive side. Lingam is the Sanskrit word for the male generative organ, the penis. In India, the lingam is revered as an expression of Shiva's clarity, symbolizing the fine sword that differentiates between truth and falsehood. The goal of a lingam massage is to provide a man conscious, loving contact with his own masculinity. Western cultural expectations around sexual performance have created sexual difficulties for many men, including erectile dysfunction and premature ejaculation. Through loving touch, lingam massage provides the deep relaxation that supports sustained erection, putting a man in touch with less familiar aspects of his sexuality, including the energetic responses of his perineum, prostate gland, and anus. Lingam massage is not simply a hands-on technique but involves the conscious direction of energy throughout the body. It allows men to savor longer, deeper orgasms and teaches taoist and tantric practices for conserving sexual energy. Over time, as his consciousness deepens, these practices give a man complete control over his ejaculation.